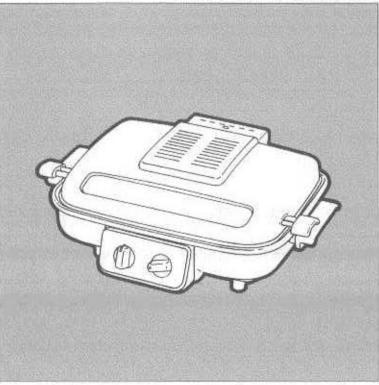
Operating Instructions

Electric Fish Roaster





Before operating this unit, please read these instructions completely. This product is intended for household use only.

この説明書をよくお読みのうえ、正しくお使い下さい。そのあと大切に保管して下さい。 この製品は家庭用です。

在使用本機前,請詳閱讀此使用說明書。 此產品只限用於家庭用。

본 제품을 사용하시기 전에 이 설명서를 잘 읽어 주십시오. 본 제품의 용도는 가정용에 한합니다.

Thank you for purchasing the National Electric Fish Roaster. For optimum performance and safety, please read these instructions carefully. This unit is for household use only.

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IMPORTANT SAFEGUARDS

When using electrical appliances, follow basic safety precautions to reduce the risk of fire, electrical shock, and/or injury:

- 1. Read all instructions.
- 2. Do not touch hot surfaces. Use handles or knobs.
- 3. To protect against electrical shock do not place cord, plugs, or appliance in water or other liquid.
- 4. Close supervision is necessary when any appliance is used by or near children.
- 5. Unplug unit from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts, and before cleaning the appliance.
- 6. Do not operate any appliance with a damaged cord or plug, after the appliance malfunctions, or has been damaged in any manner. Return appliance to an authorized service facility for examination, repair, or adjustment.
- 7. Only use accessories approved for use with this unit to avoid injury.
- 8. Do not use outdoors.
- 9. Do not let cord hang over edge of table or counter, or touch hot surfaces.
- 10. Do not place on or near a hot gas or an electric burner, or in a heated oven.
- 11. To disconnect turn all controls to the off position and remove plug from wall outlet.
- 12. Do not use appliance for other than intended use.

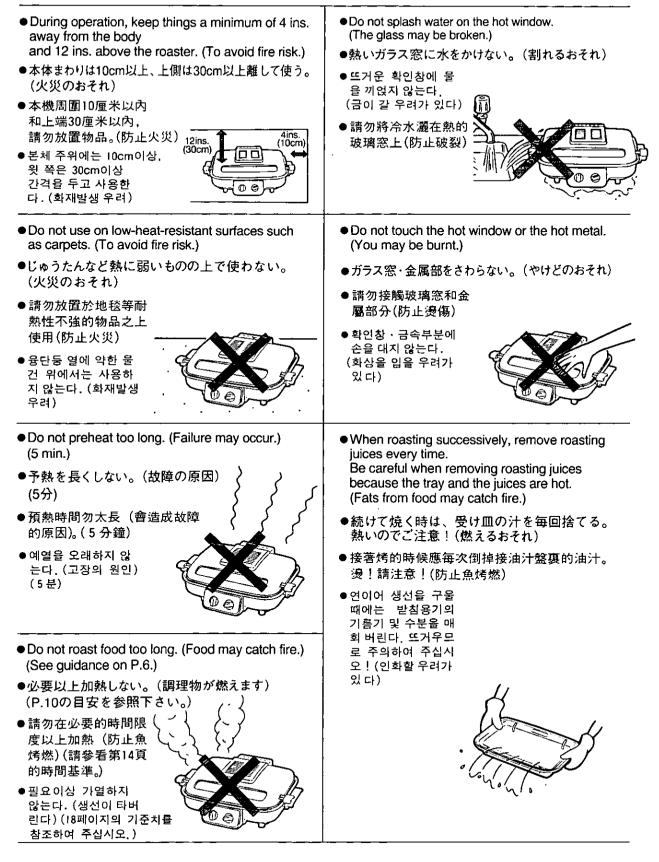
SAVE THESE INSTRUCTIONS

NOTE:

- A. A short power-supply cord is provided to reduce the risks of becoming entangled in or tripping over a longer cord.
- B. Extension cords are available and may be used if care is exercised in their use.
- C. If extension cord is used:
 - the marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance, and
 - (2) the longer cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over unintentionally.
- D. This appliance has a polarized plug (one blade is wider than the other). As a safety feature, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to override this safety feature.

Cautions ご注意

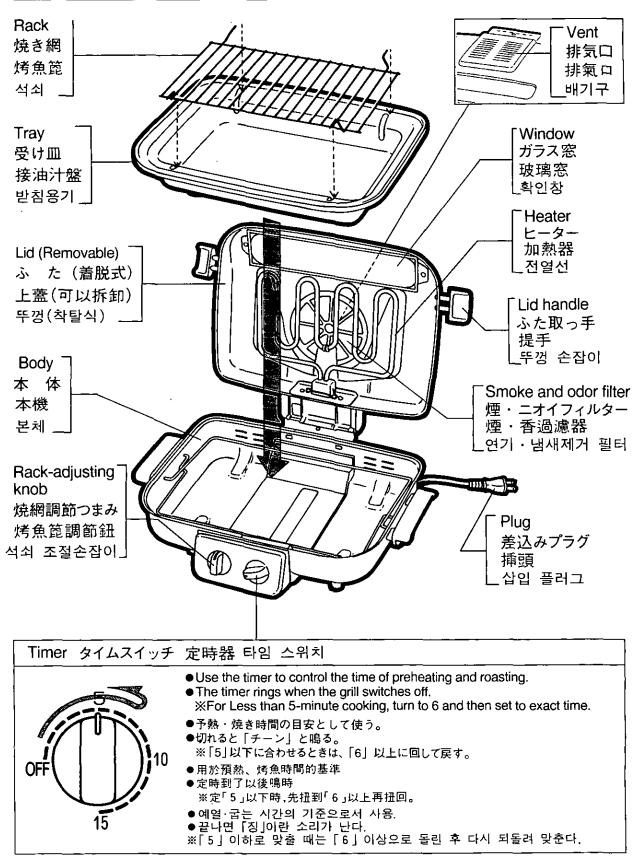




- 3 -

Parts Identification 各部のなまえ

各件名稱 각부의 명칭

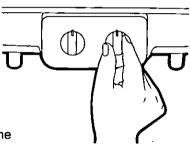


How to Use

Turn on the switch and preheat the roaster for 5 minutes.

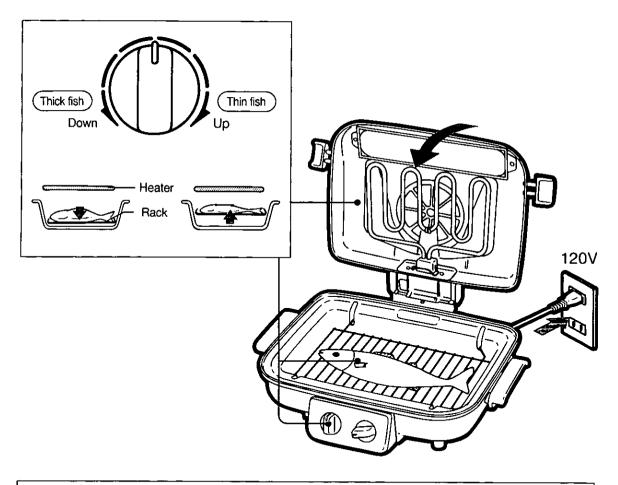
(When all the parts are clean and dry as initial use.)

Adjust the timer to "5".



 When operating the unit for the first time, it may emit some smoke from the vent, however, this is not a malfunction.

Place fish on the rack. Close the lid. Adjust the rack height.
Adjust the rack height by rotating the rack -adjusting knob.



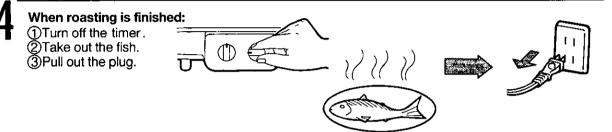
Cautions

- The roaster is a high-temperature appliance; overheating may cause food to catch fire. Keep a close eye on the roaster while using it. (When you are called away from the roaster, make sure to turn off the timer or the switch.)
- If the roaster overheats and you then open the lid, flames may blaze up because air flows into the roaster. If this happens, immediately close the lid, turn off the switch and unplug it.

Roasting

 Roast fish one side at a time, adjusting the timer each time. When the timer rings, check the roasted color. If roasting on one side is enough, turn over fish.





Standard roasting time

	Time (approx.) minutes		
	Side served upward	Side served downward	
Roasting salted horse mackerel 1 fish (approx. 9 ins., about 1/2 lbs.)	6~10	3~6	
Roasting salted salmon 1 piece (approx. 2 oz.)	3~7	2~5	
Roasting salted saury 1 fish (approx. 11 ins., 3 ¾ oz.)	6~10	3~6	
Roasting dried horse mackerel 1 fish (approx. 6 ins., 2 ½ oz.)	. 3~7	2~5	
 Broiling yellowtail with soy sauce (Teriyaki) 1 piece (approx. 2 ¾ oz.) After about 80% grilling yellowtail without sauce, broil after glazing soy sauce. 	4∼8 (abou	2∼5 t 80%)	
Chicken breast (approx. 6 ins.X4 ins., 11/2 ins. thick, 31/2 oz.)	6~7	8~9	
Beef steak (approx. 7¾ ins.X2¾ ins., ¾ ins. thick, 10½ oz.)	5~6	5~6	

% If you grill several pieces of fish at a time, lengthen the grill time by about 1 minute.

Fish to be Cooked

For fatty fish and fish which produces a lot of smoke

• Before preheating, pour water (approx. one cup) into the tray.

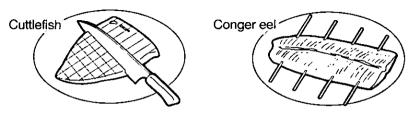




When roasting successively, remove water in the tray and replace with fresh water every time.
When roasting with salt or roasting dried fish, you need not pour water into the tray.
The rate of fat changes according to season.

For fish which increase in thickness when roasted.

Score or skewer fish.



For thick fish

 Cut fish to make thickness 3.5 cm (approx. 1¹/₃ ins.) maximum.



■ Hints for successful grilling

- Score on the side to be served upward and roast that side first.
- Cover the tail and fin with salt. (Salt for decorating the fish.)



Roasting finishes earlier.

Sait P

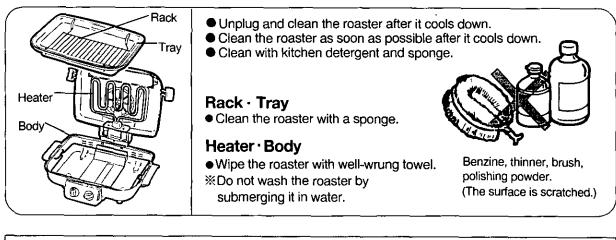
Fish loses less shape and is less charred.

Freshness is important!

• Use as fresh fish as possible.

To Clean

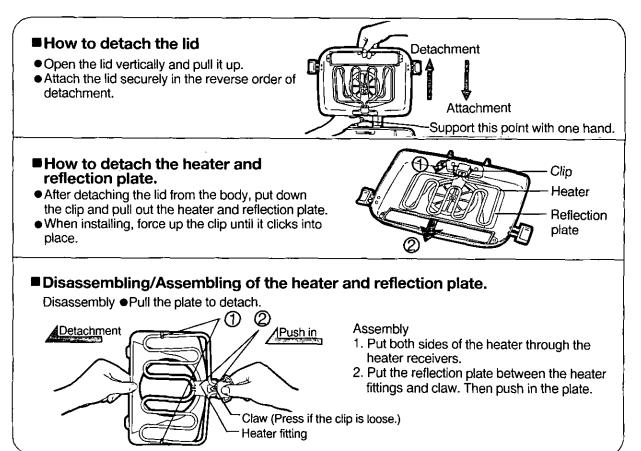
Daily cleaning



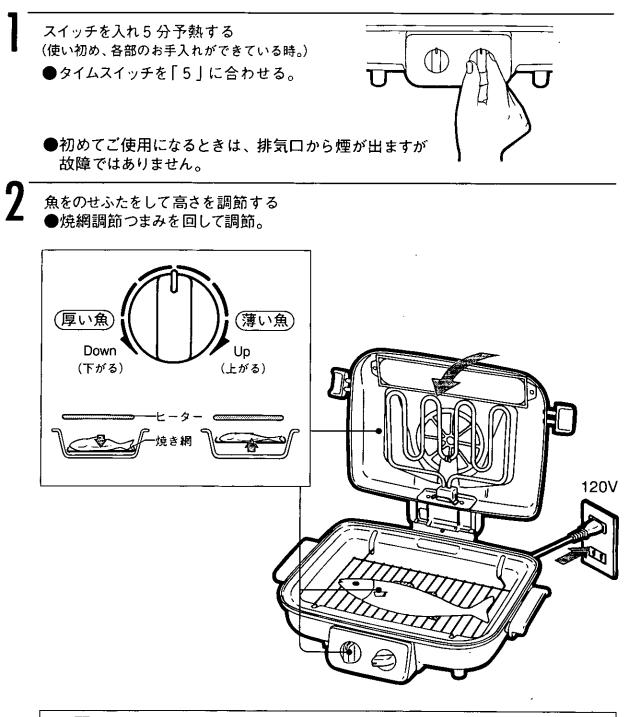
When the lid is dirty

- Detach and disassemble the lid. Wash it and dry sufficiently.
- (If water is left behind, steam is generated from the vent at the time of preheating.) %Do not wash the roaster by submerging it in water.

%Do not scrub the vent and smoke and odor filter.



使いかた

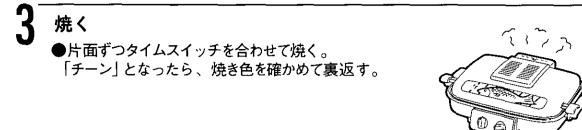


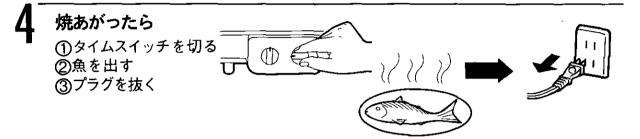
お願い

●高熱器具のため、必要以上に加熱すると調理物が燃える場合があります。 調理中はそばを離れないでください。

(そばを離れる場合は必ずタイムスイッチを切ってください。)

●加熱しすぎてふたを開けると、空気が流れ込んで炎が上がることがあります。 そのときは、すぐにふたを閉め、スイッチを切ってプラグを抜いてください。





焼き時間の目安

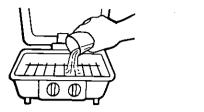
	時間(約)分		
	表	裏	
あじ塩焼 1尾 (長さ約23cm・約200g)	6~10	3~6	
さけ塩焼 1きれ (約60g)	3~7	2~5	
さんま塩焼 1尾 (長さ約28cm・約110g)	6~10	3~6	
あじ干物 1尾 (長さ約16cm・約70g)	3~7	2~5	
ぶり照り焼 1きれ (約80g) ●素焼きで、8割がた焼けたら、 タレをぬりながら照りをつける。	4 ~ 8 (8害	2~5 Jがた)	
鶏の胸肉(Chiken Breast) (長さ約15cm・幅約10cm・厚み約4cm・約100g)	6~7	8~9	
ステーキ1枚(Beef steak) (長さ約20cm・幅約7cm・厚み約2cm・約300g)	5~6	5~6	

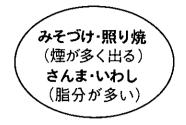
※数の多い時は1分ほど長めに!

調理物について

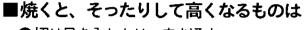
■煙が多く出るものや脂分の多い魚は

●予熱前に受け皿に水(200ml)を入れて、焼く。

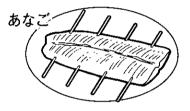




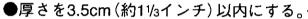
※続けて焼くときは、焼くたびに受け皿の汁を捨てて水を入れる。 ※塩焼・干物は、水なしで OK! ※脂分などは、季節により変わります。



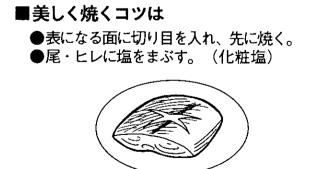
●切り目を入れたり、串を通す。



■厚みのあるものは



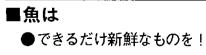




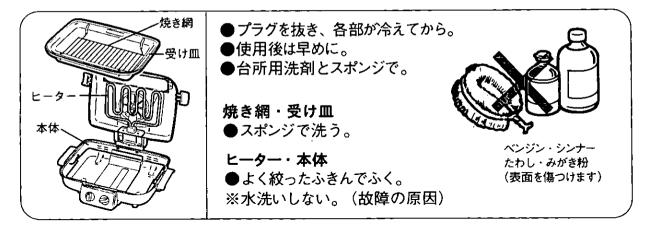
火の通りもよい!



形がくずれず、こげない!



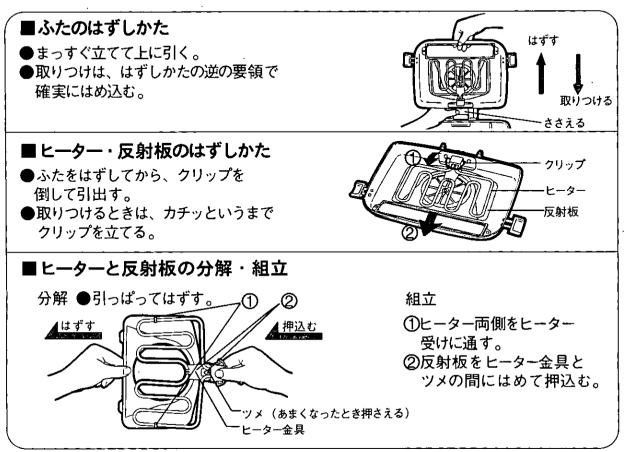
日常の手入れ



ふたの汚れがひどくなったら

●ふたをはずし、分解して洗いよく乾かす。(水分が残っていると、予熱時に排気口から蒸気が出ます)

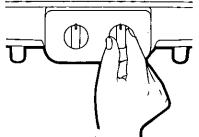
※ヒーターは水洗いしない。 ※排気口、煙・ニオイフィルターは強くこすらない。



使用方法

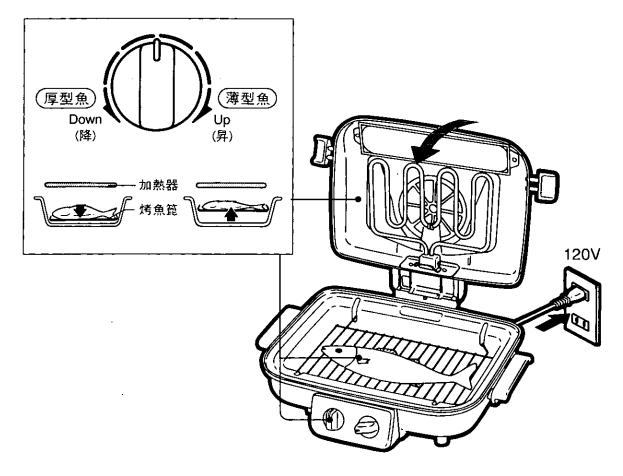
2

打開開關預熱5分鐘 (在首次使用時或保養後。) ●定時器扭到「5」



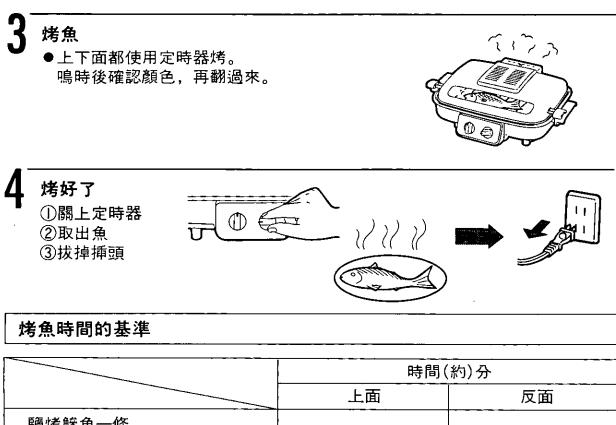
●初次使用時, 會從排氣口排出煙霧, 但其現象並非故障。

魚放進去,蓋上上蓋,調節烤魚箆的高度 ●烤魚箆調節鈕按順時針方向調



注意事項

- ●這是高溫器具,因此過份加熱會導致裏面的東西起燃。使用時,請勿離開。 (離開時,一定關上定時器或開關。)
- ●過份加熱後,打開上蓋,會有冷空氣進入,因此會竄出火苗。那時應趕快蓋 上上蓋,關上開關,將挿頭拔下來。



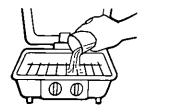
	上面	反面
鹽烤鰺魚一條 (約23厘米長,約200克)	6~10	3~6
鹽烤鮭魚 一片 (約60克)	3~7	2~5
鹽烤秋刀魚 一條 (約28厘米長,約110克)	6~10	3~6
乾鰺魚 一條 (約16厘米長,約70克)	3~7	2~5
佐料烤鰤魚 一片 (約80克) ●清烤了八成以後,邊塗佐料邊 烤,使魚身表面發亮。	4 ~8 (八	2~5 \成)
鶏胸 (約15厘米長,約10厘米寬約4厘米厚,約100克)	6~7	8~9
牛排一塊 (約20厘米長,約7厘米寬約2厘米厚,約500克)	5~6	5~6

※魚數量多的時候,多烤一分鐘

關於使用材料

■煙多或者脂肪多的魚

●預熱之前,往接油汁盤加水(約200ml)然後烤

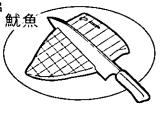


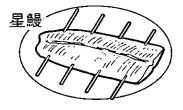


※接著烤的時候,每次應倒掉接油汁盤裏的油汁,加水。※鹽烤、乾魚 不用水!※魚的脂肪隨季節不同。



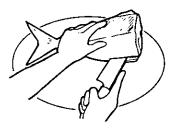
● 劃出幾個大口子,或者穿成串





■魚身厚的

●厚度應在3.5厘米(約11/3英寸)以內

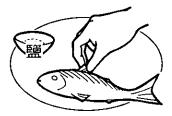


■烤法

- 魚身上劃出幾個大口子,先烤
- ●魚尾、魚翅上灑鹽(防止烤焦)





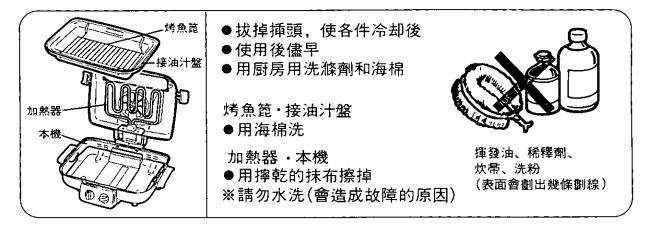


能保持原型,不會焦!

■魚 ●儘量用鮮魚

保養方法

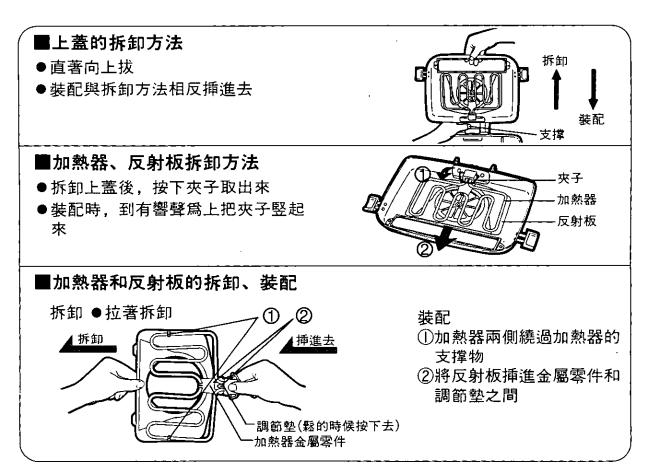
日常的保養



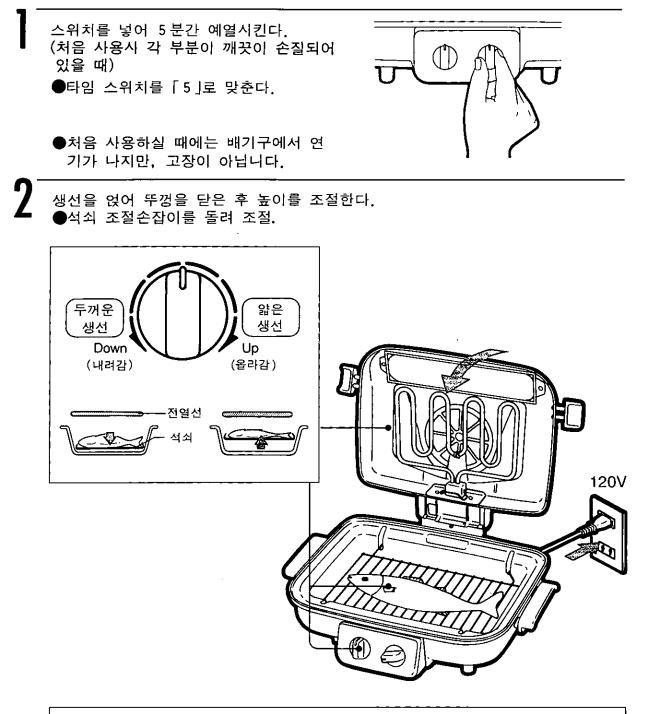
上蓋上很髒時

●將上蓋拆下來,分別洗晾乾(若留有水分,預熱時會從排水口裏排出蒸氣來) ※加熱器勿用水洗

※請勿用力擦排氣口與煙、香過濾器。



사용방법



주의사항

- ●고열 전열체 기구이므로 필요이상 가열시키면 음식물이 타버릴 경우가 있습니다. 조리중은 자리를 뜨지 마십시오. (자리를 뜰 때에는 반드시 타임 스위치 또는 스 위치를 꺼 주십시오)
- ●너무 가열시킨 후 뚜껑을 열면 공기가 흘러들어 불길이 번질 우려가 있습니다. 이러한 상태가 발생하면 즉시 뚜껑을 닫고 스위치를 끈 후 플러그를 빼 주십시오.

굽는다

●한면씩 타임 스위치를 맞추어 굽는다. 「징」이란 소리가 나면 구운 상태가 적당한지 확인하여 뒤집는다.



▲ 완전히 구워지면 ①타임 스위치를 끈다. ②생선을 꺼낸다. ③플러그를 뺀다.

굽는 시간의 기준

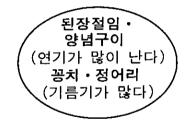
	시간	(약) 분	
	표면	뒷면	
전갱이 소금구이 ㅣ마리	0 10		
(길이 약 23cm・약 200g)	6~10	3~6	
연어 소금구이 ㅣ토막	0 7		
(약 60g)	3~7	2~5	
꽁치 소금구이 ㅣ마리	0 10	0.0	
(길이 약 28cm·약 II0g)	6~10	3~6	
마른 전갱이 ㅣ마리	0 7	0.5	
(길이 약 ∣6cm・약 70g)	3~7	2~5	
방어 양념구이 ㅣ토막			
(약 80g)	4~8	0.5	
●양념을 바르지 않고 그대로 8 할정도 구운 후 양념장을 바른다.		2~5 정도)	
닭의 가슴살	0 7		
(길이 약15cm·폭 약10cm·두께 약4cm·약100g)	6~7	8~9	
스테이크 한점	5~6	5~6	
(길이 약 20cm·폭 약 7 cm·두께 약 2 cm·약 300g)	5~0	5.~0	

※수량이 많을 때는 1분 정도 오래 굽는다.

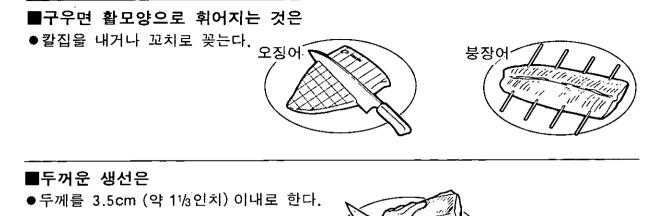
조리재료에 대하여

● 예열 전에 받침용기에 물(약 200mℓ)을 넣어 굽는다.





※연이어 구울 때에는 구울 때마다 받침 용기의 기름기 등을 버려 새롭게 물을 넣는다. ※소금구이·어포 등은 물을 넣지 않아도 OK! ※기름기 등은 계절에 따라 달라집니다.



■먹음직스럽게 굽는 요령은

●표면이 되는 쪽에 칼집을 내어 먼저 굽는다.

●꼬리·지느러미에 소금을 친다.(화장소금)



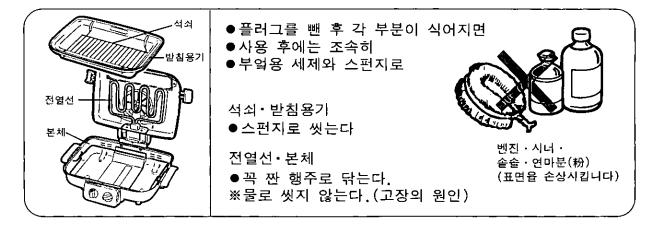
불이 골고루 잘 스며든다!

모양이 부서지지 않고 타지 않는다!

■생선은

●될 수 있는 한 신선한 것을!

평상시의 손질방법



뚜껑이 매우 더러워 지면

●뚜껑을 빼고 분해시켜 깨끗히 씻은 후 물기가 없도록 건조시킨다. (수분이 남아 있으면 예열시에 배수구로부터 증기가 발생합니다) ※전열선은 물로 씻지 않는다. ※배기구, 연기·냄새제거 필터는 강하게 문지르지 않는다. ■뚜껑을 빼는 방법 빼냈다 ●똑바로 세워 위를 향해 뺀다. ●끼울 때에는 뺄 때와 반대요령으 로 정확히 끼운다. 끼운다 - 받친다 . ■전열선·반사판을 빼는 방법 - 클립 ●뚜껑을 뺀 후 클립을 밑으로 내려 빼내다 - 전열선 ●끼울 때에는 「찰칵| 소리가 날 때 -반사판 까지 클립을 세운다. ■전열선과 반사판의 분해 • 조립 분해 ●잡아 당겨 빼낸다. 조립 **(1**) 0 ①전열선 양쪽을 전열선 회 뺀다 밀어 넣는다 로에 끼운다. ②반사판을 전열선 금구와 1 고정용 금구 사이에 끼워 넣는다. 고정용 금구(느슨해 질 때 완전히 끼운다)

전열선 금구

Before Calling for Services アフターサービス

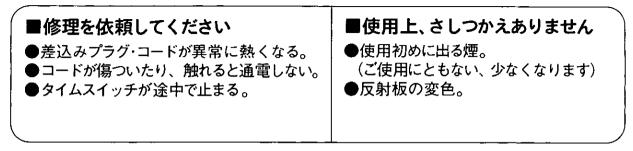
Never repair/modify the roaster by yourself. It is extremely dangerous.

- Contact your authorized National service-center for any repairs.
- The plug or cord becomes abnormally hot.
- The power cord is damaged or power is not supplied when anything touches the power cord.
- The timer stops in the middle of operation.

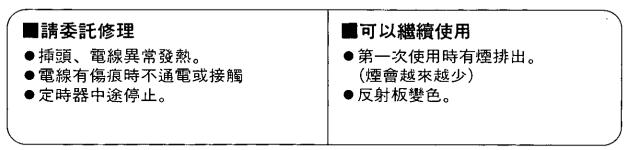
No problem with operation.

- Smoke is produced at the first time it is used. (Less smoke is produced later on.)
- Discoloration of the reflection plate.

お客様ご自身で修理されたり、手を加えたりすることは危険です。 絶対にしないでください。



請勿擅自修理或加工,非常危險。



사용자가 함부로 수리하거나 변형시키면 위험합니다. 절대로 삼가하여 주십시오.

■수리를 의뢰하여 주십시오. ●삽입 플러그·코드가 너무 뜨거워 진다.	■ 사용상 별 문제가 없습니다. ●처음 사용시에 발생하는 연기(사용 과 더불어 적어집니다)
●코드에 금이 가거나 손을 대면 통전 하지 않는다. ●타임 스위치가 도중에서 멈춘다.	●반사판의 변색

Specifications 仕様

Model No.	NF-RT300N	
Power supply	120V AC 60Hz	
Power consumed	900W	
Dimensions (H x W x D) (approx.)	6.1 X 16.3 X 13.6 ins.	
Dimensions of rack (W X D) (approx.)	10.6 X 7.4 ins.	
Weight (approx.)	71/2 lbs.	
Cord length	39.4 ins.	-

品 番	NF-RT300N
電 源	120V AC 60Hz
消費電力 W	900W
大きさ(高さ×幅×奥行)	15.5 x 41.5 x 34.5cm
焼き網の大きさ(たて×よこ)	18.7 x 27.0 cm
質量(重さ)	3.4 kg
コード長さ	1.0 m

型號	NF-RT300N	
電源	120V AC 60Hz	
消耗電力	900W	
尺寸(約)	15.5 x 41.5 x 34.5cm	
烤魚箆尺寸(約)	18.7 x 27.0 cm	
重量(約)	3.4 kg	
電線長	1.0 m	

모델 NO.	NF-RT300N
전원	120V AC 60Hz
소비전력	900W
크기 (약)(높이×폭×안쪽길이)	15.5 x 41.5 x 34.5cm
석쇠의 크기 (약)(세로×가로)	18.7 x 27.0 cm
질량(무게) (약)	3.4 kg
코드 길이	1.0 m

Matsushita Electric Industrial Co., Ltd.

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